



It's time for the Dennis Palamides RMHA Walk-a-thon!

Saturday October 11, 2025 @ 3pm from the back of the WFCU Center

Walkers Name:

Team Name:

Dear Sponsor,

I am participating in the RMHA Walk-A-Thon. Proceeds will go to my team, the Kidney Foundation and the RMHA organization to support player bursaries and other player activities.

Any amount helps make a difference! Make cheques payable to RMHA.

Thank you!

Name of Sponsor		Phone Number	Pledge Amount	Amount Collected
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Participants:

To reach our goal, we hope that each participant finds 10 sponsors.

